

because life doesn't happen at only one distance.



The more you see, the more you live™

If you want to experience all life has to offer — you want to see it all, from the big expansive picture, down to the smallest, most precious details. Whether it's the moments you've waited a lifetime to see or simply everyday reading, you don't want to miss a thing. But if you don't see as clearly as you used to, cataracts could be getting in your way, and life could be looking pretty cloudy.

While some lenses only let you see clearly at one visual range, the AcrySof® IQ ReSTOR® cataract replacement lens lets you see near, far and everywhere in between. It's a revolutionary multifocal lens that improves vision in a range of distances, so you can see the whole picture clearly, usually without glasses.

In the next few pages, you'll find an explanation about cataracts — what a cataract is, how it can be removed with cataract surgery, what you can expect following the surgery, and the risks and benefits of the AcrySof® IQ ReSTOR® lens.

Cataract surgery with the AcrySof® IQ ReSTOR® lens means you won't have new eyes, but you will have renewed sight.

#### What is a cataract?

A cataract is a clouding of the natural lens inside your eye. This lens, located behind the iris, works just like the lens of a camera — focusing light images on the retina, which sends images to the brain. The human lens can become so clouded, it keeps light and images from reaching the retina.

A cataract can be the reason sharp images become blurred, bright colors become dull, or seeing at night is more difficult. It may also be why the reading glasses or bifocals that used to help you read or do other simple tasks no longer seem to help. Vision with cataracts has been described as seeing life through old, cloudy film.

But a cataract is not a "film" over the eyes, and neither diet nor lasers will make it go away, nor can it be prevented. Eye injury, certain diseases, or even some medications can cause the clouding. The best way to treat a cataract is with surgery that removes the old, clouded lens and replaces it with a new, artificial one to restore your vision, and in many ways, significantly improves your quality of life.

### What is presbyopia?

Vision with cataracts (simulated)



Normal vision



Statistics show that 70% of all people over the age of 75 develop cataracts.

Presbyopia is the condition in which the lens of the eye loses its ability to focus at near. It's a common condition that could accompany cataracts and impair your ability to see objects that are close up. Have you ever found yourself holding a menu or a book farther and farther away to read it? The need for reading glasses is usually a sign of presbyopia. This aging of the eyes eventually affects everyone. If you have cataracts with presbyopia, the AcrySof® IQ ReSTOR® lens can correct both conditions.

## What exactly is cataract surgery?

One of the safest and most successful procedures performed today.

Huge medical advances have been made in the treatment of cataracts. Cataract surgery is generally a simple, outpatient procedure with little discomfort, requiring only a few hours and a topical anesthetic. The operation itself entails making a tiny incision in the eye. Through this incision, the surgeon inserts an instrument about the size of a pen tip. This instrument breaks the cloudy lens into pieces and removes them from the eye. Once the cataract is removed, a cataract replacement lens is inserted through the same tiny incision and set into position to replace the natural lens.

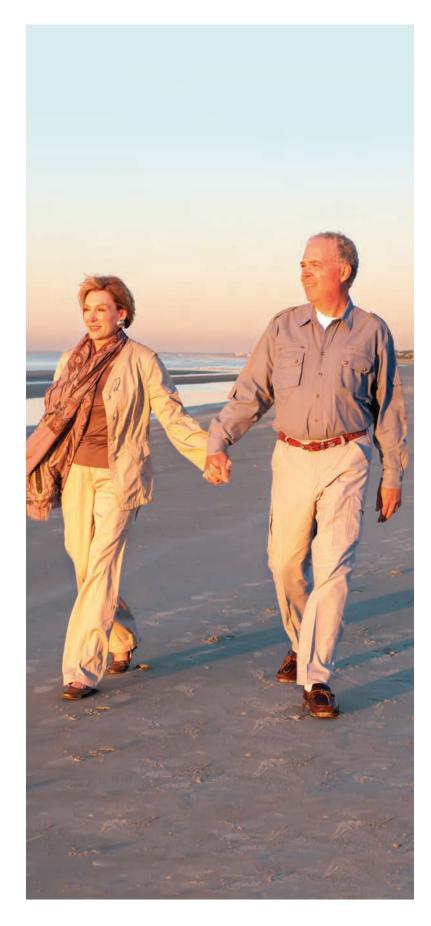
# What can I expect following cataract surgery?

Most patients typically return home the very same day as cataract surgery. Eye drops may be prescribed to guard against infection and help your eye heal. For a few days, you may need to wear an eye patch to keep away irritants. Everyone heals differently, but most patients see well enough to return to most of their routine activities within a few days of recovery.

## What is an IOL?

An intraocular lens (IOL) is the replacement lens that is surgically implanted in the eye to replace the existing clouded lens during cataract surgery.

The good news is that you've encountered cataracts at a time when intraocular lens technology has taken great leaps of progress. Traditionally, the replacement lens used for cataract surgery was a monofocal IOL. This type of lens restored good functional distance vision, but people still needed to continue wearing reading glasses. *Today, you also have the option of the AcrySof® IQ ReSTOR® multifocal lens, which can improve vision in a full range of distances, from near to far, to everywhere in between.* 









## Why choose the AcrySof® IQ ReSTOR® lens?

The AcrySof® IQ ReSTOR® lens is a breakthrough lens for cataract surgery that lets patients see from near to far, to everywhere in between usually without glasses. An innovative optical technology called "apodization" makes the AcrySof® IQ ReSTOR® lens uniquely effective, especially when placed in both eyes. A similar technology has been used for years in microscopes and telescopes to improve image quality and has now been patented for use in intraocular lenses by Alcon.

Most AcrySof® IQ ReSTOR® lens patients find that they can read a book, work on the computer, drive a car — day or night — and play golf or tennis with increased freedom from glasses. You may, however, experience visual disturbances. Additionally, some side effects with the AcrySof® IQ ReSTOR® IOL may make it more difficult to see in low lighting conditions. As a result, increased care should be taken when driving at night.

Four out of five AcrySof® IQ ReSTOR® lens recipients reported never wearing glasses after having the lens placed in both eyes<sup>1</sup>.

# Why you can take comfort in the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens:

- The AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens comes from Alcon, the world's leader in lenses for cataract surgery.
- The Alcon AcrySof<sup>®</sup> IQ family of lenses is the most widely used brand for cataract surgery.
- The history of the AcrySof<sup>®</sup> IQ family of lenses speaks for itself: more than 50 million AcrySof<sup>®</sup> IOLs have been implanted worldwide.
- AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> IOL patients are so pleased with their vision, over 93% said they would have the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> +3.0D lens implanted again<sup>1</sup>.

1. AcrySof® IQ ReSTOR® IOL. Directions for Use

### They're your eyes and you have options.

The AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens is an advanced type of multifocal IOL, but it may not be right for you. Talk to your eye care professional about the options within the AcrySof<sup>®</sup> IQ family of lenses for your cataract surgery.

In choosing your cataract replacement lens, your eye care professional will take into account many aspects of your eye health. You will also be asked to consider your lifestyle. *How much reading or computer work do you do? What are your hobbies? Do you often drive at night?* 

#### Financial considerations.

If you're considering cataract surgery, you'll be happy to know that Medicare covers the cost of surgery and a portion of the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens for qualifying patients. As with any lens of this type, you may be required to pay for additional services.

#### The AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens. Sight changing, life changing.

When your sight is compromised, your life is compromised. Fortunately, there's a very effective solution to cataracts and presbyopia.

Cataract surgery with the AcrySof® IQ ReSTOR® lens enables most people to see near, far and every where in between. Such dramatically improved eyesight immediately multiplies the possibilities in your life. Passengers could become drivers again. Golfers could keep their eye on the ball and enjoy the surrounding scenery. Family celebrations, reading special birthday cards, looking at sunset, seeing everyone's happy faces won't be missed.

The simplicity of this procedure for patients and these life-changing results inspires many to wish they had chosen the AcrySof $^{(m)}$  IQ ReSTOR $^{(m)}$  lens sooner.

Ask your eye doctor if the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens is right for you. For more information, visit reclaimyourvision.com.





The more the see, the more you live.™ Important questions to ask your eye doctor:

- 1. Do I have a choice of cataract lenses?
- **2.** Do all cataract lenses let me see far, near and everywhere in between?
- **3.** Can you explain cataract surgery and how long it takes?
- **4.** What is the difference between a traditional cataract lens and a monofocal lens?
- **5.** I enjoy reading. Am I a good candidate for a multifocal lens?
- **6.** After cataract surgery with a multifocal lens, will I still need glasses?
- 7. Are there any risks with a multifocal lens?
- 8. Is the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens right for me?

Ask your eye doctor if the AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> lens is right for you. For more information, visit reclaimyourvision.com.



#### **CAUTION:**

Federal law restricts this device to sale by or on the order of a physician.

#### INDICATIONS:

The AcrySof<sup>®</sup> IQ ReSTOR<sup>®</sup> Apodized Diffractive Optic Posterior Chamber Intraocular Lens (IOL) is intended for primary implantation for the visual correction of aphakia secondary to removal of a cataractous lens in adult patients with and without presbyopia, who desire near, intermediate and distance vision with increased spectacle independence. The lens is intended to be placed in the capsular bag.

#### WARNINGS:

Careful preoperative evaluation and sound clinical judgment should be used by the surgeon to decide the risk/benefit ratio before implanting a lens in a patient with any of the conditions described in the Directions for Use labeling. Some adverse reactions that have been associated with the implantation of intraocular lenses are: hypopyon, intraocular infection, acute corneal decompensation, macular edema, pupillary block, retinal detachment and secondary surgical intervention (including but not limited to lens repositioning, biometry error, visual disturbances or patient dissatisfaction). As a result of the multifocality, some visual effects (halos or radial lines around point sources of light at night) may also be expected due to the superposition of focused and unfocused multiple images. A reduction in contrast sensitivity may also be experienced by some patients, especially in low lighting conditions such as driving at night. In order to achieve optimal visual performance with this lens, emmetropia must be targeted. Patients with significant preoperative or expected postoperative astigmatism >1.0D may not achieve optimal visual outcomes. Care should be taken to achieve IOL centration, as lens decentration may result in a patient experiencing visual disturbances under certain lighting conditions.

#### **PRECAUTIONS:**

Do not resterilize. Do not store over 45° C. Use only sterile irrigating solutions such as BSS<sup>®</sup> or BSS PLUS<sup>®</sup> Sterile Intraocular Irrigating Solution. Clinical studies with the AcrySof<sup>®</sup> ReSTOR<sup>®</sup> IOL indicated that posterior capsule opacification (PCO), when present, developed earlier into clinically significant PCO. Studies have shown that color vision discrimination is not adversely affected in individuals with the AcrySof<sup>®</sup> Natural IOL and normal color vision. The effect on vision of the AcrySof<sup>®</sup> Natural IOL in subjects with hereditary color vision defects and acquired color vision defects secondary to ocular disease (e.g., glaucoma, diabetic retinopathy, chronic uveitis, and other retinal or optic nerve diseases) has not been studied. The long-term effects of filtering blue light and the clinical efficacy of that filtering on the retina have not been conclusively established.

#### **ATTENTION:**

Reference the Physician Labeling/Directions for Use for complete listing of indications, warnings and precautions.



